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Association for International
Lifelong Learning in Medicine



**TURKISH
SOCIETY OF
CARDIOLOGY**

CARDIOLOGY 20 HIGHLIGHTS 26

**CURRENT APPROACHES IN HEART
FAILURE AND HYPERTENSION
SYMPOSIUM**

16-18 OCTOBER 2026

**Melia Malaga
Alamea Hotel**

**MALAGA -
SPAIN**





DAY 1 – 16 October 2026

Current Approaches to Hypertension Management

Chairs: Ertuğrul Okuyan, Petar Seferović

09:15 – 10:00 Latest Updates in Hypertension Guidelines

Speaker: Baran Karataş

Discussant: Ljiljana Ćirković

Learning Objectives

- Evaluate recent guideline updates.
- Interpret a risk-based treatment approach.
- Discuss patient-specific blood pressure targets.

10:00 – 10:45 Redefining Cardiovascular Risk and Target Organ Protection

Speaker: Çağdaş Yüksel

Discussant: Maja Miročević Rotolo

Learning Objectives

- Explain the prognostic significance of target organ damage.
- Evaluate new markers in risk stratification.
- Discuss the long-term impact of early intervention.

10:45 – 11:15 Coffee Break

11:15 – 12:00 From the Pathophysiology of Hypertension to Treatment Selection

Speaker: Ertuğrul Okuyan

Discussant: Marijan Bosevski

Learning Objectives

- Review key neurohormonal mechanisms.
- Evaluate a pathophysiology-based approach to treatment selection.
- Develop treatment plans according to patient characteristics.

12:00 – 12:45 Long-Term Cardiovascular Protection in the Treatment of Hypertension

Speaker: Ljiljana Ćirković

Discussant: Mehmet Akif Düzenli

Learning Objectives

- Evaluate the role of treatment in preventing cardiovascular events.
- Discuss organ-protective approaches.
- Interpret clinical trial results.

12:45 – 14:00 Lunch



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DAY 1 – 16 October 2026

Current Approaches to Hypertension Management

Chairs: Ertuğrul Okuyan, Petar Seferović

14:00 – 15:30

Resistant Hypertension and Management of the Challenging Patient

Speaker: Maja Miročević Rotolo

Discussant: Çağdaş Yüksel

Learning Objectives

- Diagnose resistant hypertension.
- Evaluate secondary causes.
- Develop stepwise treatment strategies.

15:30 – 16:00

Coffee Break

16:00 – 17:00

Hypertension in the Era of Precision Medicine: Beyond Blood Pressure Control

Speaker: Ahmet Çelik

Discussant: Marijan Bosevski

Learning Objectives

- Understand the principles of precision medicine in hypertension management.
- Identify patient characteristics that may influence treatment response.
- Discuss how cardiovascular risk, target organ damage, and comorbidities can guide individualized treatment.
- Evaluate emerging strategies beyond conventional blood pressure control.



DAY 2 – 17 October 2026

Modern Approaches to Heart Failure

Chairs: Ljiljana Ćirković, Baran Karataş

09:00 – 09:45

Current Epidemiology and Treatment Paradigms in Heart Failure

Speaker: Petar Seferović

Discussant: Begenc Annayev

Learning Objectives

- Interpret the changing epidemiology of heart failure.
- Apply current treatment algorithms.
- Use risk stratification.

09:45 – 10:30

Treatment of Heart Failure with Reduced Ejection Fraction

Speaker: Marijan Bosevski

Discussant: Çağdaş Yüksel

Learning Objectives

- Evaluate approaches that reduce mortality and morbidity.
- Apply guideline recommendations on an individual patient basis.
- Plan treatment optimization.

10:30 – 11:00

Coffee Break

11:00 – 12:30

Treatment of Heart Failure with Preserved Ejection Fraction

Speaker: Maja Miročević Rotolo

Discussant: Gani Bajraktari

Learning Objectives

- Evaluate approaches that reduce mortality and morbidity.
- Apply guideline recommendations on an individual patient basis.
- Plan treatment optimization.

12:30 – 13:45

Lunch

13:45 – 15:15

Comorbidity Management in Heart Failure: Atrial Fibrillation and the Role of DOACs

Speaker: Petar Seferović

Discussant: Ertuğrul Okuyan

Learning Objectives

- Evaluate the impact of hypertension, diabetes, and kidney disease.
- Plan the management of multimorbidity.
- Develop strategies to improve treatment adherence.

15:15 – 15:45

Coffee Break



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DAY 2 – 17 October 2026

Modern Approaches to Heart Failure
Chairs: Ljiljana Ćirković, Baran Karataş

15:45 - 17:00

Beyond the Four Pillars: Optimizing Heart Failure Therapy in 2026

Speaker: Petar Seferović

Discussant: Ljiljana Ćirković

Learning Objectives

- Review emerging therapeutic strategies beyond established guideline-directed medical therapy.
- Evaluate how newly available evidence may influence treatment sequencing and optimization.
- Discuss individualized treatment strategies according to patient phenotype and risk profile.
- Identify practical barriers to achieving optimal therapy in clinical practice.





DAY 3 – 18 October 2026

The Intersection of Hypertension and Heart Failure

Chairs: Çağlar Yüksel, Natalic Ljiljana Cirkovic

09:00 – 09:45

Preventing the Development of Heart Failure in Patients with Hypertension

Speaker: Ertuğrul Okuyan

Discussant: Maja Miročević Rotolo

Learning Objectives

- Identify risk factors.
- Implement early intervention strategies.
- Evaluate a preventive cardiology approach.

09:45 – 10:30

Cardiorenal Syndrome and Multiorgan Protection

Speaker: Begenc Annayev

Discussant: Petar Seferović

Learning Objectives

- Explain cardiac-renal interactions.
- Identify high-risk patients.
- Plan treatment strategies holistically.

10:30 – 11:00

Coffee Break

11:00 – 12:30

Treatment Adherence in Hypertension and Heart Failure

Speaker: Ahmet Çelik

Discussant: Begenc Annayev

Learning Objectives

- Evaluate the causes of treatment non-adherence.
- Develop patient-centered approaches.
- Improve long-term clinical outcomes.

12:30 – 13:45

Lunch

13:45 – 15:15

2026 Heart Failure Guidelines and Case-Based Discussions

Speaker: Mehmet Akif Düzenli

Discussant: Maja Miročević Rotolo

Learning Objectives

- Translate the findings of the new heart failure guidelines into practice and understand changes in clinical decision-making.
- Evaluate challenging cases from a multidisciplinary perspective.
- Develop evidence-based decision-making skills.

15:15 – 15:45

Coffee Break



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DAY 3 – 18 October 2026

The Intersection of Hypertension and Heart Failure
Chairs: Çağlar Yüksel, Natalic Ljiljana Cirkovic

15:45 – 16:30

New Studies at ESC and the Future of Cardiology Practice

Speaker: Ertuğrul Okuyan

Discussant: Ljiljana Ćirković

Learning Objectives

- Share information on new studies in light of ESC 2026.
- Evaluate emerging treatment trends.
- Discuss the role of digital health applications.
- Identify future areas of research.

16:30 – 17:15

AI and Digital Health in Heart Failure and Hypertension: From Innovation to Clinical Practice

Speaker: Begenc Annayev

Discussant: Baran Karataş

Learning Objectives

- Review current applications of artificial intelligence and digital health in cardiovascular care.
- Evaluate the role of AI-based tools in risk prediction, diagnosis, and disease monitoring.
- Discuss the potential of remote patient monitoring in hypertension and heart failure.
- Identify challenges related to clinical implementation, validation, and patient safety.

17:15 – 17:30

Closing Remarks





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