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Association for International
Lifelong Learning in Medicine



URINARY INCONTINENCE: CURRENT CHALLENGES AND FUTURE DIRECTIONS IN CLINICAL PRACTICE

15-17
AUGUST
2025

RADISSON BLU OLYMPISKY, MOSKOVA

**URINARY INCONTINENCE:
CURRENT CHALLENGES AND
FUTURE DIRECTIONS IN CLINICAL PRACTICE**
RADISSON BLU OLYMPIISKY HOTEL, MOSKOVA

**15-17
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15 AUGUST 2025

- 14.00-15.00** **Registration and Welcome Coffee** ☕
- 15.00-17.30** **Contemporary Overview of Urinary Incontinence**
- 15.00-15.30** Epidemiology and Impact of Urinary Incontinence on Quality of Life *Dr. Kadir Onem*
(Prevalence in different age groups and sexes / Socioeconomic burden and psychological implications)
- 15.30-16.00** Classification and Diagnosis: Current Guidelines & Clinical Practice *Dr. Kadir Onem*
(Differentiating stress, urge, and mixed incontinence /
Use of urodynamics, bladder diaries, and imaging / EAU/AUA guideline highlights)
- 16.00-16.30** Conservative and Pharmacological Management *Dr. Özgür Gökçe*
(Antimuscarinics, beta-3 agonists: indications & side effects /
Role of behavioral therapy and patient education)
- 16.30-17.00** Surgical Treatment Options: What's New in 2025? *Dr. Yavuz Balaban*
(Sling procedures: Retropubic vs transobturator / Bulking agents,
sacral neuromodulation, artificial sphincters / Minimally invasive and
robotic-assisted techniques)
- 17.00-17.30** Selecting the Right Treatment *Dr. Hasan Çetin*



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16 AUGUST 2025

09:00-10:30

Session I: Overactive Bladder – Diagnosis and Medical Management

09:00-09:30

Definition and Diagnostic Criteria for Overactive Bladder

Dr. Kadir Onem

09:30-10:00

Tolterodine Extended Release in OAB Therapy

Dr. Kadir Onem

10:00-10:30

Botulinum Toxin and Neuromodulation in OAB

Dr. Kadir Onem

10:30-11:00

Coffee Break ☕

11:00-15:00

Session II: Neurogenic Lower Urinary Tract Dysfunction (NLUTD)

11:00-11:30

Usage of Antibiotics in Urology

Dr. Jalesh Panicker

11:30-12:00

Impact of NLUTD on Upper Urinary Tract Function

Dr. Stefania Musco

12:00-12:30

ICS-Based Management Approaches for NLUTD

Dr. Blayne Welk

12:30-14:00

Lunch 🍽️

14:00-14:30

Surgical Management Following Conservative Treatment Failure

Dr. Kadir Onem

14:30-15:00

Emerging Therapies for Neurogenic Bladder

Dr. Stefania Musco

15:00-15:30

Coffee Break ☕

15:30-18:00

Session III: Stress Urinary Incontinence (SUI)

15:30-16:00

Continence Preservation Post-Radical Prostatectomy

Dr. Özgür Gökçe

16:00-16:30

Post-Prostatectomy Incontinence: Insights from the 7th ICI

Dr. Marcio Averbeck

16:30-17:00

Male Artificial Urinary Sphincter: Step-by-Step Surgical Technique

Dr. Kadir Onem

17:00-17:30

Innovation in Devices for SUI

Dr. Marcio Averbeck

17:30-18:00

Managing Complications of Mid-Urethral Sling Procedures

Dr. Kadir Onem





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**09:00-10:30 Session IV: Optimizing Surgical Approaches in Incontinence
Video Demonstrations**

09:00-09:10	Transobturator Tape Technique
09:10-09:20	Pubovaginal Sling Placement
09:20-09:30	Artificial Urinary Sphincter Implantation
09:30-09:40	Intravesical Botulinum Toxin Injection
09:40-09:50	Bladder Augmentation
09:50-10:00	Continent Cutaneous Urinary Diversion
10:00-10:10	Sacral and Pudendal Neuromodulation
10:10-10:30	Discussions

*Dr. Özgür Gökçe
Dr. Yavuz Balaban
Dr. Marcio Averbeck
Dr. Gürhan Gökçe
Dr. Yavuz Balaban
Dr. Jalesh Panicker
Dr. Hasan Çetin*

10:30-11:00 Coffee Break ☕

**11:00- 13:00 Session V: Clinical Case Discussion: Management of Stress Urinary
Incontinence in Females**

Case 1 : *Dr. Alparslan Lokumcu*

Case 2: *Dr. Kemal Öztürk*

Case 3: *Dr. Hasan Çetin*

Case 4: *Dr. Metin Gür*

13:00 -14:30 Lunch 🍽️

14:30-15:00 Messages to Take Home
Dr. Kadir Onem / Dr. Jalesh Panicker

15:00-16:00 Closing Remarks with Question and Answer Session
Chairpersons: Dr. Stefania Musco and Dr. Jalesh Panicker

