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Association for International
Lifelong Learning in Medicine



LUTS Masterclass Europe 2026

15-18 October 2026

Hilton Garden Inn Bologna North

Bologna, Italy

PROGRAM

THREE-DAY SCIENTIFIC MEETING Advances in Overactive Bladder, BPH, Urological Infections and Pain Management

15 OCTOBER: OVERACTIVE BLADDER: FROM DIAGNOSIS TO ADVANCED MANAGEMENT

- 11:00–12:45 Opening Remarks and Introduction
- 12:45–13:45 Lunch**
- 13:45–15:15 **SESSION 1: Refractory OAB: Beyond Oral Pharmacotherapy**
Chairperson: R. van Balken (The Netherlands)
- 13:45–14:15 Botulinum Toxin in Refractory OAB: Patient Selection and Practical Management — M.R. van Balken (The Netherlands)
- 14:15–14:45 PTNS and Sacral Neuromodulation: Where Do They Fit in the Treatment Algorithm? — M.R. van Balken (The Netherlands)
- 14:45–15:05 Treatment Sequencing After Failure of First- and Second-Line OAB Therapies — Tarık Yonguç (Türkiye)
- 15:05–15:15 Questions & Answers
- 15:15–15:45 Coffee Break**
- 15:45–17:15 **SESSION 2: OAB Clinical Challenge – Case-Based Interactive Session**
Chairperson: Mehmet Gökhan Çulha (Türkiye)
- 15:45–16:10 Case 1 – The Elderly Patient with OAB and Multiple Comorbidities — Tarık Yonguç (Türkiye)
- 16:10–16:35 Case 2 – Persistent Urgency After Successful Treatment of Bladder Outlet Obstruction — Mehmet Gökhan Çulha (Türkiye)
- 16:35–17:00 Case 3 – Refractory OAB: Botox, PTNS or Sacral Neuromodulation? — M.R. van Balken (The Netherlands)
- 17:00–17:15 Panel Discussion and Take-Home Messages



16 OCTOBER: UROLOGICAL INFECTIONS & BENIGN PROSTATIC HYPERPLASIA

- 09:00–12:00 **SPECIAL 3-HOUR SESSION: Urological Infections: From Everyday UTI to Complex Cases**
Chairperson: Guglielmo Mantica (Italy)
- 09:00–09:30 Urological Infections in 2026: New Classification and What Has Changed in Clinical Practice — *Guglielmo Mantica (Italy)*
- 09:30–10:00 Recurrent Urinary Tract Infections: Diagnosis, Prevention and Non-Antibiotic Strategies — *Merel Lambregts (The Netherlands)*
- 10:00–10:30 Antimicrobial Resistance and Antibiotic Stewardship in Urology — *Guglielmo Mantica (Italy)*
- 10:30–11:00 Male UTI and Bacterial Prostatitis: Difficult Decisions in Daily Practice — *Tarık Yonguç (Türkiye)*
- 11:00–11:30 Peri-Procedural Antibiotic Prophylaxis in Urological Practice: When, What and How Long? — *Mehmet Gökhan Çulha (Türkiye)*
- 11:30–12:00 Interactive Infection Board: What Would You Do? (Case discussions: Recurrent UTI, Resistant organisms, Catheter-associated UTI, Post-procedural infection, Prostatitis) Panelist: Murat Yurt (Türkiye) | Faculty: Guglielmo Mantica, Merel Lambregts, Tarık Yonguç, Mehmet Gökhan Çulha
- 12:00–13:00 Lunch**
- 13:00–14:45 **SESSION 4: BPH and Male LUTS: Diagnosis and Medical Management**
Chairperson: Udi Blankstein (Canada)
- 13:00–13:30 Modern Evaluation of Male LUTS: Looking Beyond Prostate Size — *Udi Blankstein (Canada)*
- 13:30–14:00 Medical Management of BPH: α -Blockers, 5-ARIs, PDE5 Inhibitors and Combination Strategies — *Mehmet Gökhan Çulha (Türkiye)*
- 14:00–14:30 When Storage Symptoms Dominate: Managing the BPH-OAB Patient — *Tarık Yonguç (Türkiye)*
- 14:30–14:45 Discussion
- 14:45–15:15 Coffee Break**
- 15:15–17:15 **SESSION 5: BPH: When Medical Therapy Is Not Enough**
Chairpersons: Mehmet Gökhan Çulha (Türkiye)
- 15:15–15:45 When Should We Move from Medical to Surgical Treatment? — *Udi Blankstein (Canada)*
- 15:45–16:15 Choosing the Right Procedure According to Prostate Size, Anatomy and Patient Expectations — *Mehmet Gökhan Çulha (Türkiye)*
- 16:15–16:45 Preserving Sexual Function in the Treatment of BPH: How Important Is It in Decision-Making? — *Udi Blankstein (Canada)*
- 16:45–17:15 Expert Panel: The Difficult BPH Patient: What Would You Do Differently? Panelist: Ahmet Güzel (Türkiye) | Faculty: Tarık Yonguç, Mehmet Gökhan Çulha, Udi Blankstein
- 17:15–17:30 Day 2 Summary and Take-Home Messages



17 OCTOBER: PAIN MANAGEMENT & THE OAB-BPH INTERFACE

- 09:00–12:00 **SPECIAL 3-HOUR SESSION: Pain Management in Urology**
Chairperson: Rui Almeida Pinto (Portugal)
- 09:00–09:30 Chronic Pelvic Pain: Understanding the Patient Beyond the Organ — Rui Almeida Pinto (Portugal)
- 09:30–10:00 Bladder Pain Syndrome / Interstitial Cystitis: Diagnosis and Contemporary Treatment — Rui Almeida Pinto (Portugal)
- 10:00–10:30 Chronic Prostatitis / Chronic Pelvic Pain Syndrome: A Practical Management Algorithm — Tarık Yonguç (Türkiye)
- 10:30–11:00 Pharmacological Management of Urological Pain: What Works and What Should Be Avoided? — Rui Almeida Pinto (Portugal)
- 11:00–11:30 Post-Procedural Pain in Urology: Multimodal and Opioid-Sparing Approaches — Mehmet Gökhan Çulha (Türkiye)
- 11:30–12:00 Interactive Pain Board: Challenging Cases in Daily Practice (Cases: Chronic pelvic pain, Bladder pain syndrome, Chronic prostatitis/CPPS, Persistent pain following urological intervention)
Panelist: Muammer Bozkurt (Türkiye) | Faculty: Rui Almeida Pinto, Tarık Yonguç, Mehmet Gökhan Çulha
- 12:00–13:00 Lunch**
- 13:00–14:30 **SESSION 6: When OAB and BPH Meet**
Chairperson: Mehmet Gökhan Çulha (Türkiye)
- 13:00–13:30 The Male Patient with Urgency, Frequency and an Enlarged Prostate: What Is Driving the Symptoms? — Tarık Yonguç (Türkiye)
- 13:30–14:00 Persistent OAB After BPH Surgery: Why Does It Happen and How Should We Treat It? — M.R. van Balken (The Netherlands)
- 14:00–14:30 Detrusor Overactivity, Bladder Outlet Obstruction or Detrusor Underactivity? Clinical Decision-Making in Mixed LUTS — Mehmet Gökhan Çulha (Türkiye)
- 14:30–15:00 Coffee Break**
- 15:00–16:30 **SESSION 7: Clinical Decision-Making: From Guidelines to Real Life**
Chairperson: M.R. van Balken (The Netherlands)
- 15:00–15:25 Clinical Scenario 1 – 58-Year-Old Man with BPH and Predominant Storage Symptoms — Murat Yurt (Türkiye)
- 15:25–15:50 Clinical Scenario 2 – 70-Year-Old Man with Persistent Urgency After BPH Surgery — M.R. van Balken (The Netherlands)
- 15:50–16:15 Clinical Scenario 3 – Recurrent UTI, LUTS and Chronic Pelvic Pain: One Patient, Three Problems — Guglielmo Mantica (Italy)
- 16:15–16:30 Panel Discussion (Panelist: Ahmet Güzel – Türkiye)



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16:30-17:15 **SESSION 8: What Will Change Our Practice?**

Chairperson: Udi Blankstein (Canada)

16:30-16:45 The Future of OAB Management — *M.R. van Balken (The Netherlands)*

16:45-17:00 The Future of BPH Treatment: Less Invasive, More Individualised? — *Udi Blankstein (Canada)*

17:00-17:15 Infections and Antimicrobial Resistance: What Should Urologists Prepare For? — *Guglielmo Mantica (Italy)*

17:15-17:30 Closing Discussion & Meeting Conclusions Faculty: Tarik Yonguç, Muammer Bozkurt, Ahmet Güzel and International Faculty



18 OCTOBER : OVERACTIVE BLADDER

09:15-10:45 **SESSION 9: Understanding and Diagnosing Overactive Bladder**

Chairperson: Tarık Yonguç (Türkiye)

09:15-09:40 Overactive Bladder in 2026: Definition, Phenotypes and Current Diagnostic Approach — Tarık Yonguç (Türkiye)

09:40-10:05 Male OAB or BPH? How to Differentiate Storage Symptoms in Men — M.R. van Balken (The Netherlands)

10:05-10:30 Urodynamics in OAB: When Does It Really Change Clinical Management? — Mehmet Gökhan Çulha (Türkiye)

10:30-10:45 Discussion

10:45-11:15 Coffee Break

11:15-12:45 **SESSION 10: Contemporary Pharmacological Management of OAB**

Chairperson: M.R. van Balken (The Netherlands)

11:15-11:40 Antimuscarinics and β 3-Agonists: How Should We Choose the Right Treatment? — M.R. van Balken (The Netherlands)

11:40-12:05 Managing Persistent Storage Symptoms in Men Receiving Treatment for BPH — Mehmet Gökhan Çulha (Türkiye)

12:05-12:30 Combination Treatment in OAB: Who Benefits Most? — Tarık Yonguç (Türkiye)

12:30-12:45 Interactive Discussion



CONTACT

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